

GLOBAL
HEALTHCARE
INITIATIVE
for Ukraine



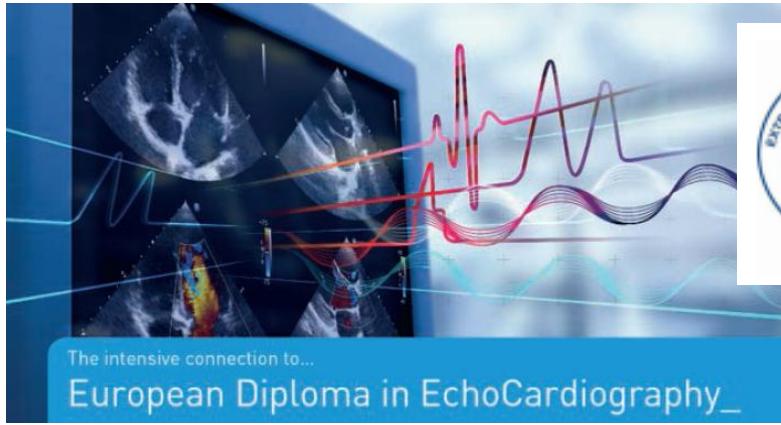


Ukrainian Intensive care medicine as key specialty for sustainable nationwide acute care

Martin Balik A/Prof, MD, Ph.D., EDIC

Complex Cardiac Center, Dept. of Anesthesiology and Intensive Care
1st Medical Faculty, Charles University, General University Hospital
Prague, European Union





Conflict of interest

- Research grants: AZV 18-06-00417 (Prospective randomized double-blind study of efficacy and safety of 1c class antiarrhythmic agent (propafenone) for supraventricular arrhythmias in septic shock), Gilead Sciences (Immune boosting in severe Covid19), , AZV NU22-B-147 (Impact of SARS-CoV-2 viral load estimate on therapeutic effects of remdesivir)
- Research support: ESICM Stoutenbeek Award (Dutch Society of Critical Care)
- Speaker Fees: FMC, GML-Biomedica, Gilead Sciences, Bbraun, AOP Orphan
- Grant to organize educational meetings: None
- Advisory board: None
- Inventor and patent holder: Lactocitrate®, EU patent (EP2609915B1), Canadian patent (No.2799624)

What is intensive care medicine ?



- Specialty that guarantees survival of the critically ill
- Single most expensive specialty (!)
 -Czechia 20% (28 billions) of all 140 billions for an acute care/year
 -ICU: 8-9% of hospital beds, EU 11.5 bed/100.000 inhabitants
- ICU: in time, shortest possible LOS, reserves for following hospital LOS and discharge home
- Demanding requirements for qualification
 - Supraspecialty (2 years in EU, eventually EDIC) or basic medical specialty (6-6.5 years)
 - ESICM since 1985, Cobatrice Syllabus
- Smart resilience: demand for lowest possible number of beds with possible expansion when required



ESICM Academy

Last updated : 05/12/2024 - 13940 views

4

The screenshot shows the ESICM website's navigation bar with links for 'Become a member', 'Login', and 'Menu'. Below the navigation, a blue banner features the word 'Diploma' in large white letters. Underneath the banner are several purple rectangular buttons containing text such as 'EDIC', 'Registration Process for EDIC I & II', 'How to prepare the EDIC Exams', 'EDIC I Exam', 'EDIC Part II', 'Become an EDIC II Examiner', 'EDEC', 'Learning Components', 'EDEC Logbook', 'EDEC Examination', and 'EDEC Registration Process'.



ICU: Maintaining quality for reasonable costs

Intensive Care Med

<https://doi.org/10.1007/s00134-020-06042-1>

Intensive Care Med

<https://doi.org/10.1007/s00134-020-06163-7>

LESS IS MORE IN INTENSIVE CARE

ICU beds: less is more? Yes

Thomas S. Valley^{1,2,3*}  and Danilo T. Noritomi^{4,5}

- Coordination of ICUs – central despatch centre in every hospital
- Integration of care – regional and nationwide – centralisation of
- Advanced care planning
- Rapid response systems – connected to the coordinating despatc
- To be implemented at all hospital wards – ICU on call:
 - Respiratory status: $\text{SpO}_2 \leq 93\%$ on nasal prongs $\geq 8 \text{ l/min}$
 - Haemodynamics: $\text{BPs} \leq 100 \text{ mmHg}$ not responding to infusion
 - Consciousness: $\text{GCS} \leq 12$
 - Urine output: $\text{Vu} \leq 500 \text{ ml/24h}$, or anuria/12h

CORRESPONDENCE

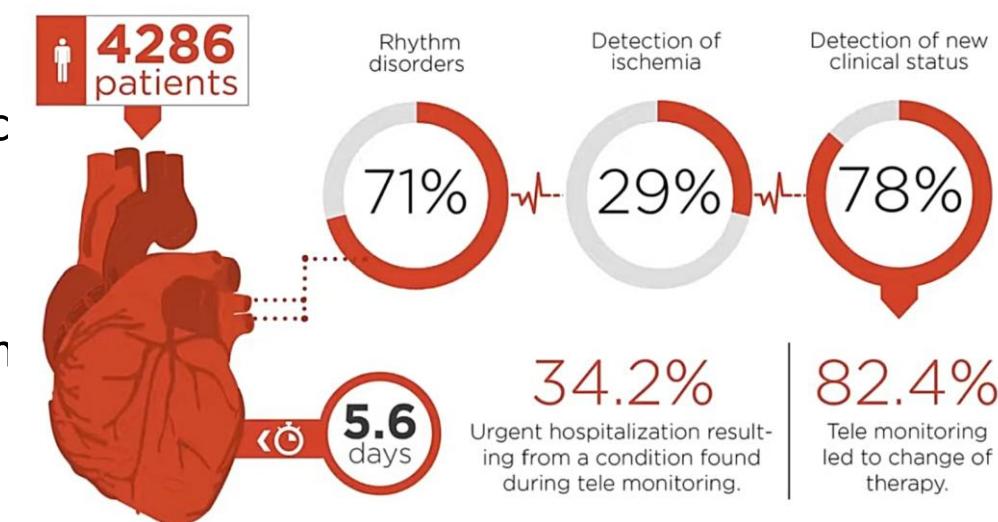
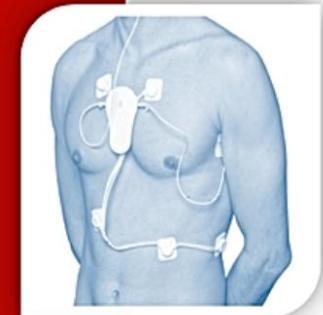
Rethinking hospitalisation on the

Frederic Michaud

WEARABLE SENSOR

Most sophisticated sensor on the market exceeding the functionality of traditional bedside monitors

- Digital stethoscope 250 Hz
- ECG – 1,3 or 12 Channels (250 Hz)
- Heart rate 30 – 250 bpm
- Non-invasive Blood Pressure
- SpO2 (oxygen saturation)
- Respiratory rate 6 - 50 breaths/min
- Body temperature - precision 0.05 °C
- Body position and activity



Expert Round Table
on Ultrasound in ICU

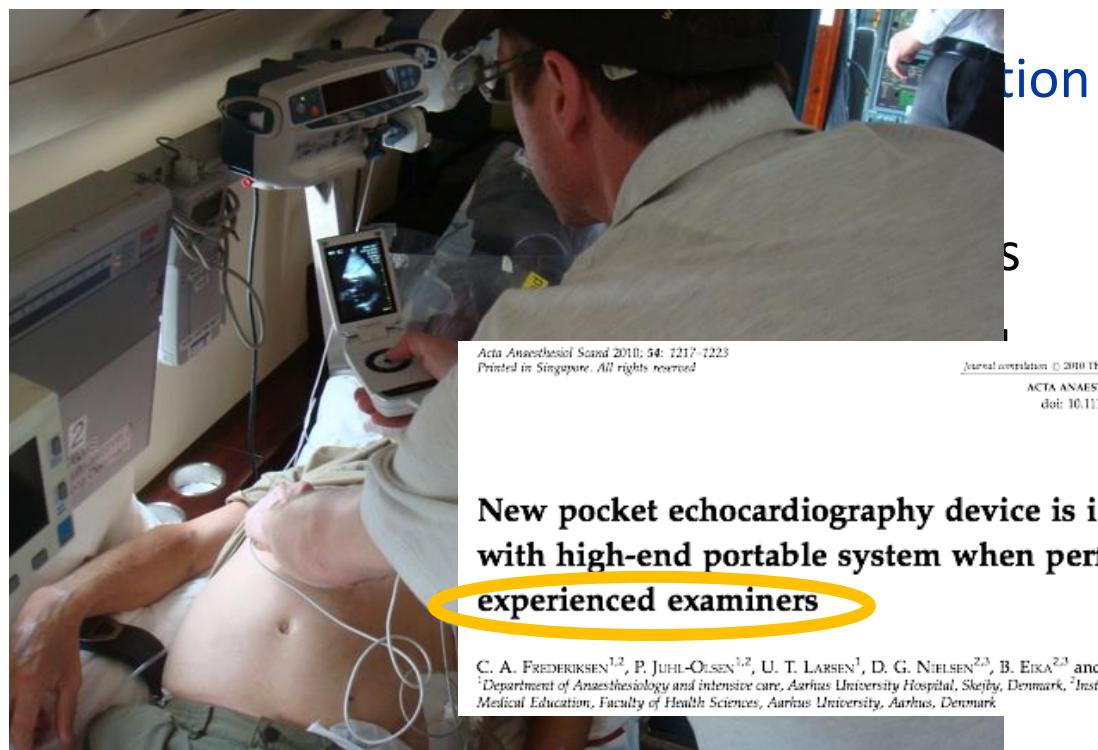
Intensive Care Med (2014) 40:654–666
DOI 10.1007/s00134-014-3228-5

International expert statement on training standards for critical care ultrasonography

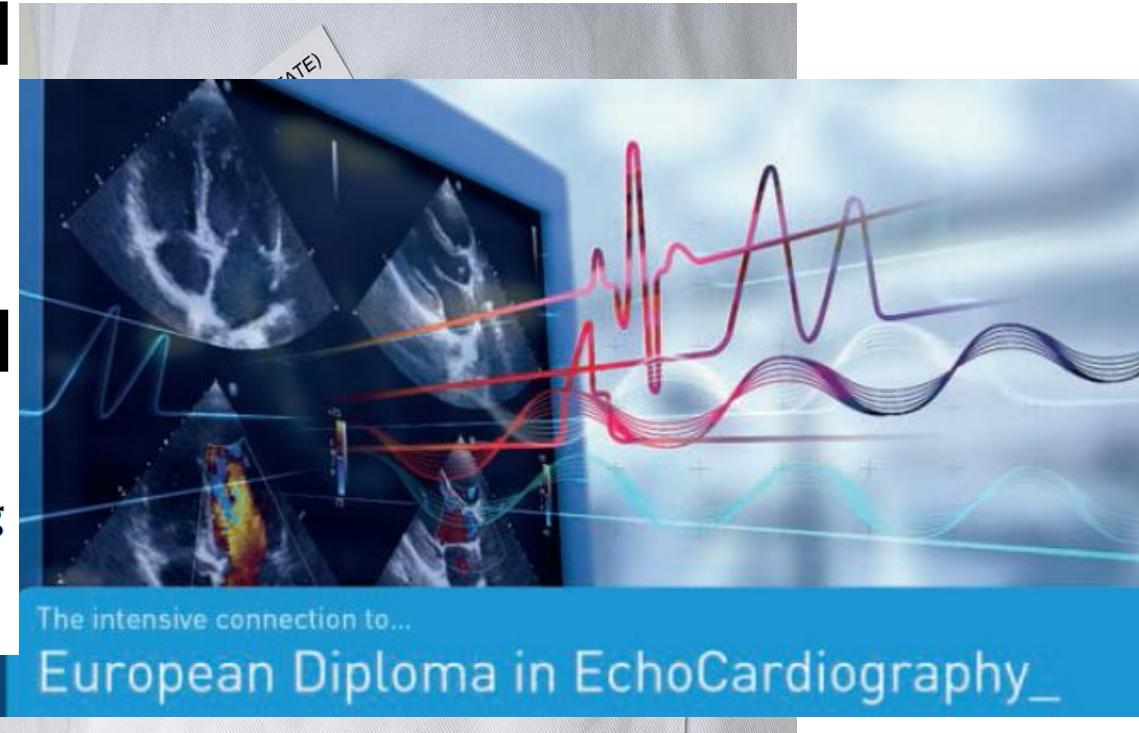
CONFERENCE REPORTS AND EXPERT PANEL

Expert Round Table on
Echocardiography in ICU

International consensus statement on training standards for advanced critical care echocardiography



New pocket echocardiography device is interchangeable
with high-end portable system when performed by
experienced examiners



FATE Card: www.fate-protocol.org

+ FAST + vessels !

Multimodal sonography device: a way to provide imaging and reduce demand for radiographic methods (lives and costs...)

5 trunk regions (5 P):

- Pericardial
- Perihepatic (Morison pouch)
- Perisplenic
- Pelvic (pouch of Douglas)
- Pleural
- + paracolic bilateral
- Q: ...is a fluid/blood present ?
- Extended FAST (eFAST):
- Q:pneumothorax ? = indication to urgent chest drain
- Q:pneumoperitoneum ?



- UZ guided cannulation
- Vessels and thrombosis
- Peripheral nerve blocks
- Lung sonography and airway
- Peritoneal and retroperitoneal space
- FAST, examination in shock
- Echocardiography
- Lung sonography
- FAST, shock, trauma
- Transcranial doppler



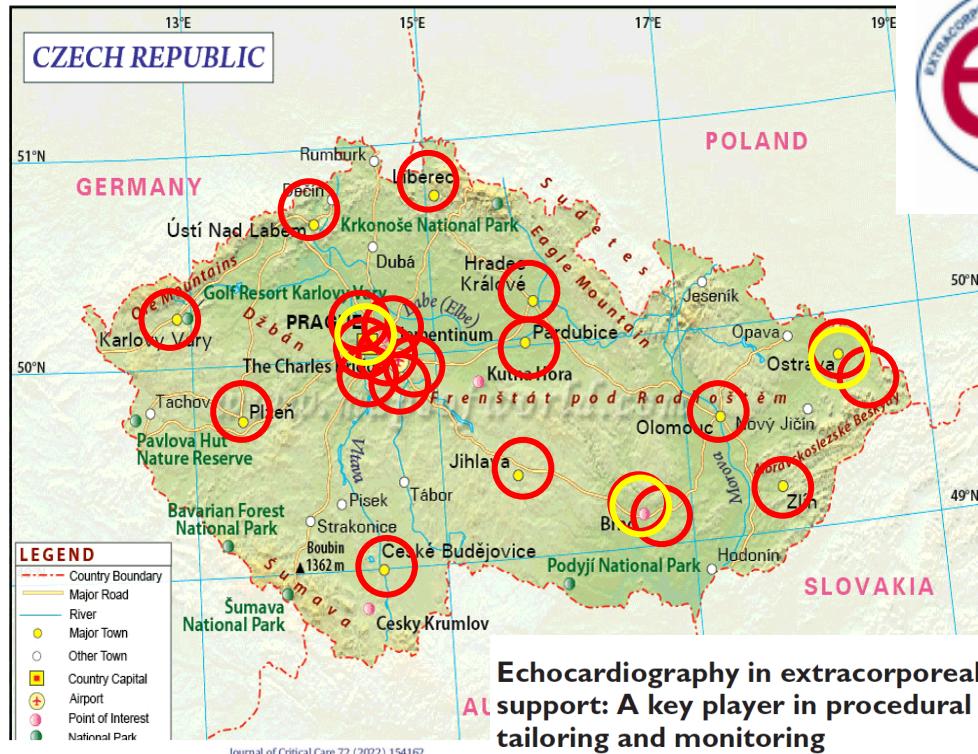
ECLS: centralising care to achieve the results

- Population 10.450.000
- 21 cath labs operating 24/7
- 11 complex cardiac centers capable of providing ECLS – time issue in VA-ECMO in cardiogenic shock
- 3 of these 11 centers centralising ECLS pts

JAMA | Original Investigation | CARING FOR THE CRITICALLY ILL PATIENT

Effect of Intra-arrest Transport, Extracorporeal Cardiopulmonary Resuscitation, and Immediate Invasive Assessment and Treatment on Functional Neurologic Outcome in Refractory Out-of-Hospital Cardiac Arrest A Randomized Clinical Trial

Jan Belohlavek, MD, PhD; Jana Smalcova, MD; Daniel Rob, MD; Ondrej Franek, MD; Ondrej Smid, MD; Milana Pokorna, MD, PhD; Jan Horák, MD; Vratislav Mrazek, MD; Tomas Kovarnik, MD, PhD; David Zemanek, MD, PhD; Ales Kral, MD, PhD; Stepan Havranek, MD, PhD; Petra Kavalkova, PhD; Lucie Kompelentova, MD; Helena Tomková, MD; Alan Mejstrik, MSc; Jaroslav Valasek, MD; David Peran, MSc; Jaroslav Pekara, MSc; Jan Rulisek, MD, PhD; Martin Balík, MD, PhD; Michal Huptych, PhD; Jiri Jarkovsky, PhD; Jan Malik, MD, PhD; Anna Valerianova, MD, PhD; Frantisek Mlejnsky, MSc, PhD; Petr Kolouch, MD; Petra Havrankova, MD, PhD; Dan Romportl, MD; Arnost Komarek, PhD; Ales Linhart, MD, PhD; for the Prague OHCA Study Group



Perfusion
I-11
© The Author(s) 2018
Reprints and permissions:
sagepub.co.uk/journalsPermissions.nav
DOI: 10.1177/0267659118766438
journals.sagepub.com/home/prf
SAGE



Dirk W. Donker,¹ Christiaan L. Meuwese,² Sue A. Braithwaite,³ Michael Broomé,^{4,5,6} Joris J. van der Heijden,¹ Jeannine A. Hermens,¹ Marc Platenkamp,¹ Michel de Jong,⁷ Jacqueline G.D. Janssen,¹ Martin Balík⁸ and Jan Bělohlávek⁹

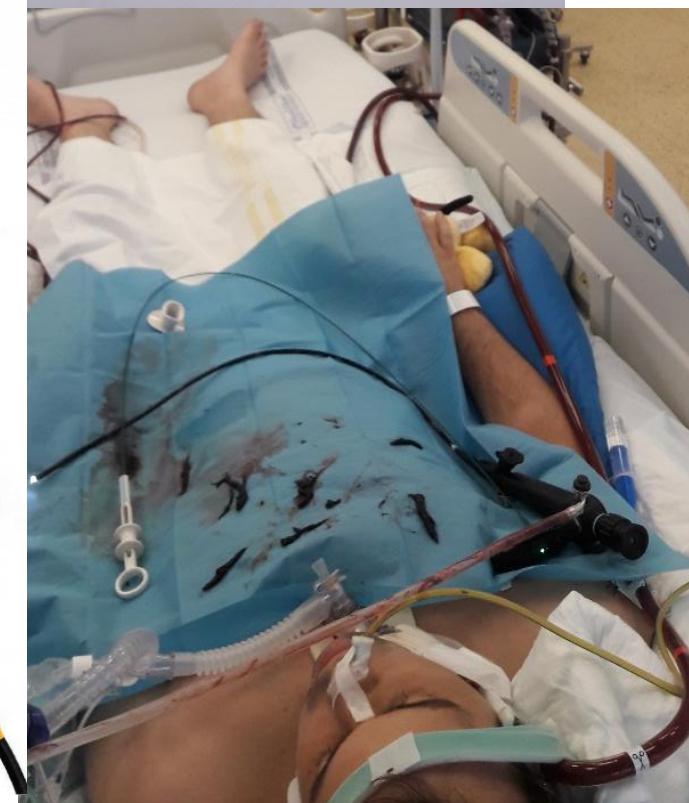
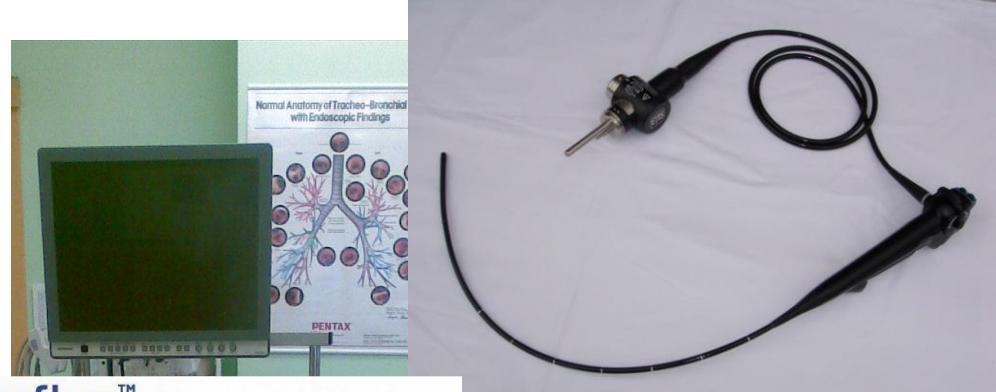
The impact of obesity on the outcome of severe SARS-CoV-2 ARDS in a high volume ECMO centre: ECMO and corticosteroids support the obesity paradox

M. Balík^{a,*}, E. Svobodová^a, M. Porizka^a, M. Maly^a, P. Bretovanský^a, L. Volny^a, T. Brozek^a, T. Bartosová^a, I. Jurisinová^a, Z. Mevaldová^a, O. Misovic^a, A. Novotný^a, J. Horejsek^a, M. Otahal^a, M. Flaksa^a, Z. Stach^a, J. Rulisek^a, P. Trachta^a, J. Kolman^a, R. Sachl^a, J. Kunstyr^a, P. Kopecký^a, S. Romaniv^a, M. Huptych^b, M. Svarc^c, G. Hodkova^c, J. Fichtl^c, F. Mlejnsky^c, T. Grus^d, J. Belohlavek^e, M. Lips^a, J. Blaha^a



Bronchoscopy as essential modality in critical care

- Faster weaning of the IPPV – therapeutic FOB
- Shorter ICU LOSrelated to complications (outcome ?)
- Lower antibiotic use (!)
- Airway management
- Management of bleeding complications
- Indications to invasive bronchology



Reusable FOB: advantages

Perbet et al. Ann. Intensive Care (2017) 7:3
DOI 10.1186/s13613-016-0228-3

Annals of Intensive Care

RESEARCH

Open Access



CrossMark

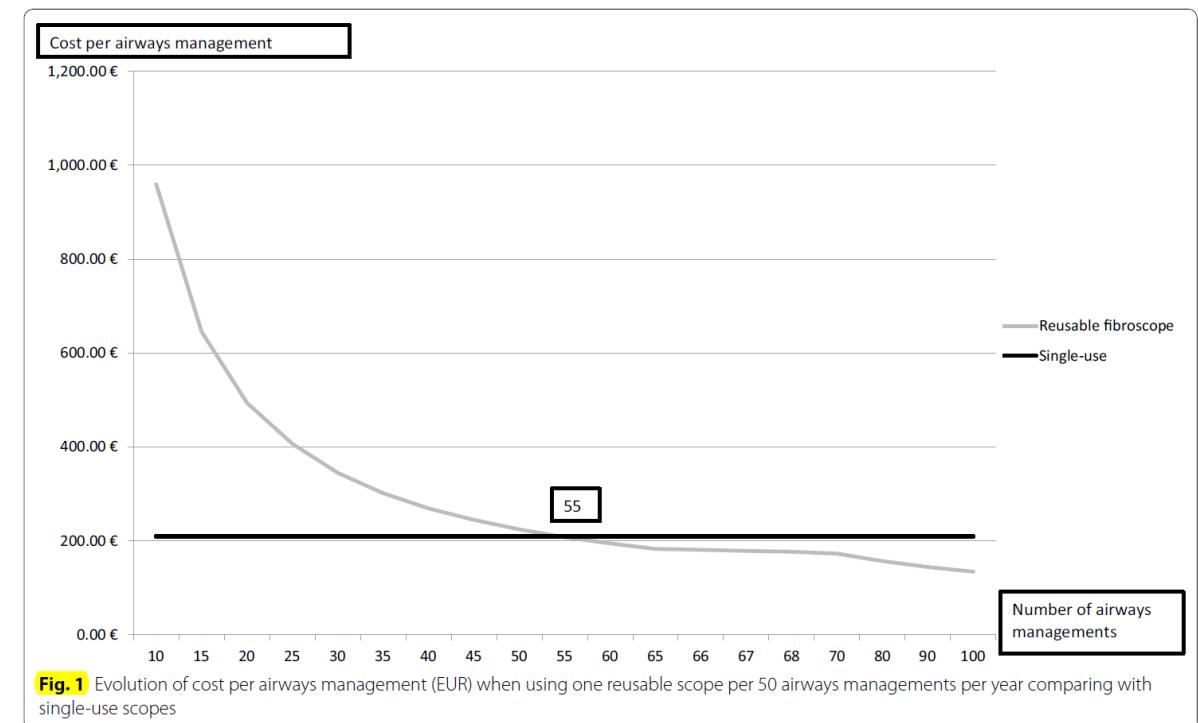
Cost analysis of single-use (Ambu[®] aScopeTM) and reusable bronchoscopes in the ICU

S. Perbet^{1,2,6*}, M. Blanquet^{3,4}, C. Mourguès^{3,4}, J. Delmas¹, S. Bertran¹, B. Longère¹, V. Boïko-Alaux⁵, P. Chennell⁵, J.-E. Bazin¹ and J.-M. Constantin^{1,2}

- Single use (24h) cost 180-200 Eur
- EU made preferred
- Reusable bronchoscope 15.000-25.000 Eur
- Expenses on reusable FOB decrease in relation to number of procedures
- >55/device-unit.year

Skipped:

- Sterilisation
- Service
- „Desinfection drowning“
- Damage
 - Kink
 - Broken fibroptic
 - Channel perforation
 - Outside perforation (PDTs)
 - „Abrasion“ of Olympus[®]



A need to curb the use of antibiotics – not indicated in every unstable patient

The only regular ICU attending specialty is clinical microbiology

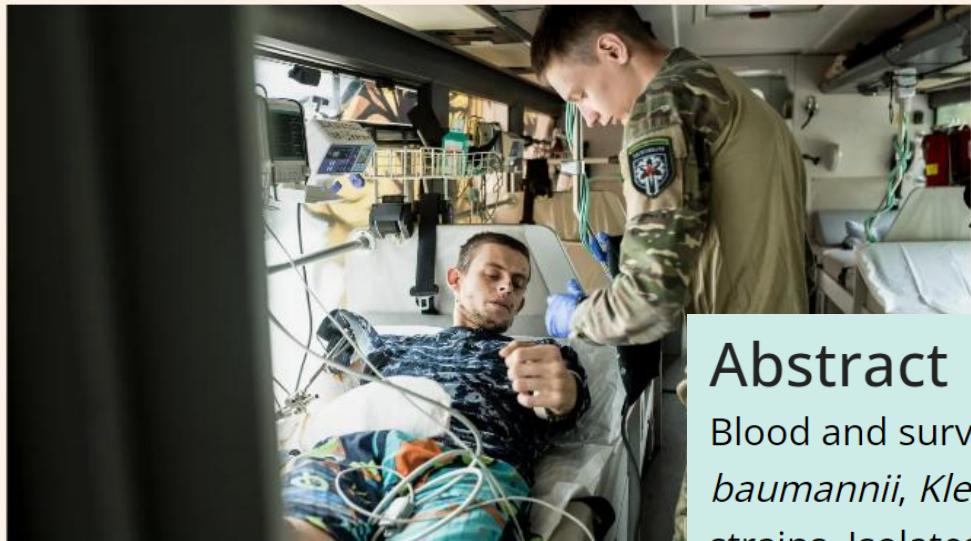
D Carbapenem-resistant *Acinetobacter baumannii*

Raw data

Antibiotic resistance + Add to myFT

Ukraine infections show rising threat from antibiotic resistance

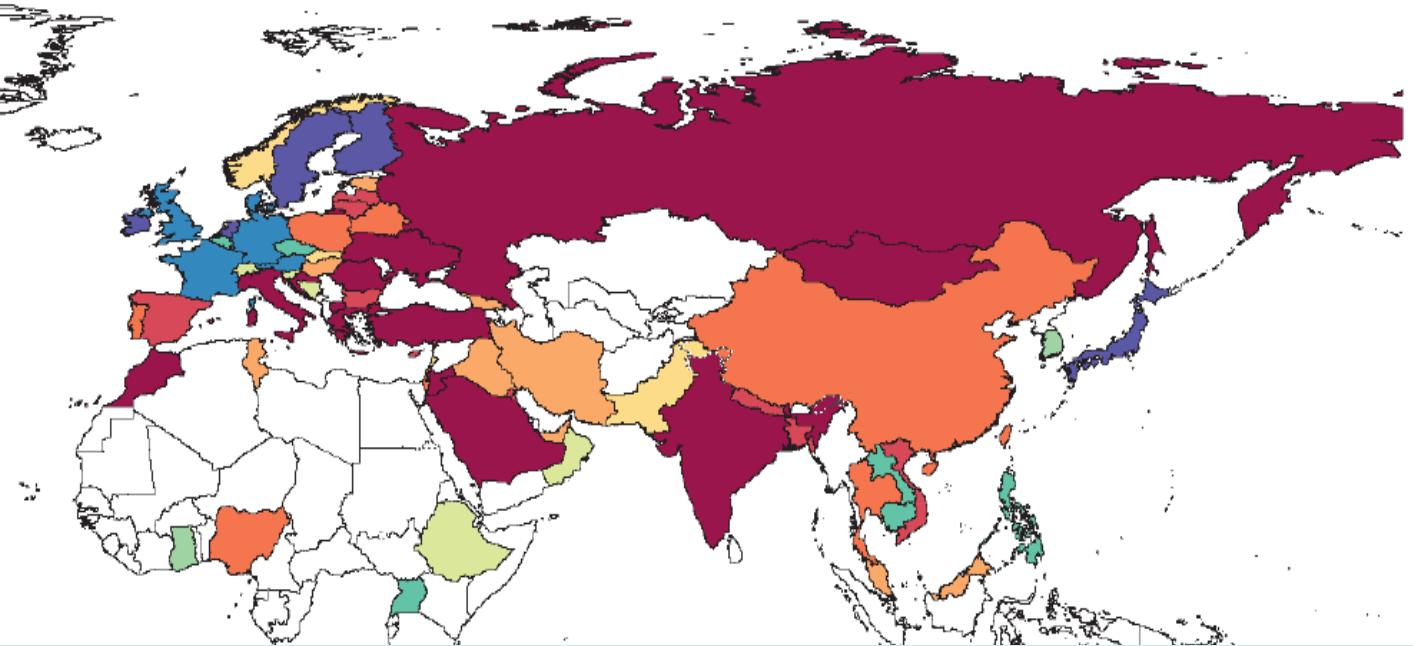
Economic and political fallout from war distracts governments from health threats



The number of drug-resistant infections is rising in western Europe, and a significant proportion

Elena Tita/Global Images Ukraine via Getty Images

20 to <30% 70 to <80%
30 to <40% ≥80%



Abstract

Blood and surveillance cultures from an injured service member from Ukraine grew *Acinetobacter baumannii*, *Klebsiella pneumoniae*, *Enterococcus faecium*, and 3 distinct *Pseudomonas aeruginosa* strains. Isolates were nonsusceptible to most antibiotics and carried an array of antibiotic resistant genes, including carbapenemases (bla_{IMP-1} , bla_{NDM-1} , bla_{OXA-23} , bla_{OXA-48} , bla_{OXA-72}) and 16S methyltransferases ($armA$ and $rmtB4$).

Replacement and support of kidney function + plasmaseparation

- CVVH
- CVVHDF
- CVVHD
- EDD (Extended Daily Dialysis), SLEDD (Slow Efficient Daily Dialysis)
- IHD



Regional citrate anticoagulation

A safe citrate anticoagulation protocol with variable treatment efficacy and excellent control of the acid-base status*

Stanislao Morgera, MD; Michael Schneider, MD; Torsten Slowinski, MD; Ortrud Vargas-Hein, MD;
Heidrun Zuckermann-Becker, MD; Harm Peters, MD; Detlef Kindgen-Milles, MD; Hans-Helmut Neumayer, MD

- Crit Care Med 2009; 37: 2018-2024

Intensive Care Med (2012) 38: 20–28
DOI 10.1007/s00134-011-2438-3

SYSTEMATIC REVIEW



Zhongheng Zhang
Ni Hongying



Efficacy and safety of regional citrate anticoagulation in critically ill patients undergoing continuous renal replacement therapy

The cumulative evidence indicating both efficacy and safety of regional citrate anticoagulation suggests the use of citrate for prevention of filter clotting in preference to standard heparin, even in patients without an increased bleeding risk.....

Kidney Int 2012

RCA = 100% RRT on ICU

APTT > 45s reduces risk of clotting by 50%
increases risk of bleeding 3x
Van de Wetering, JASN 1996; 7: 145-150



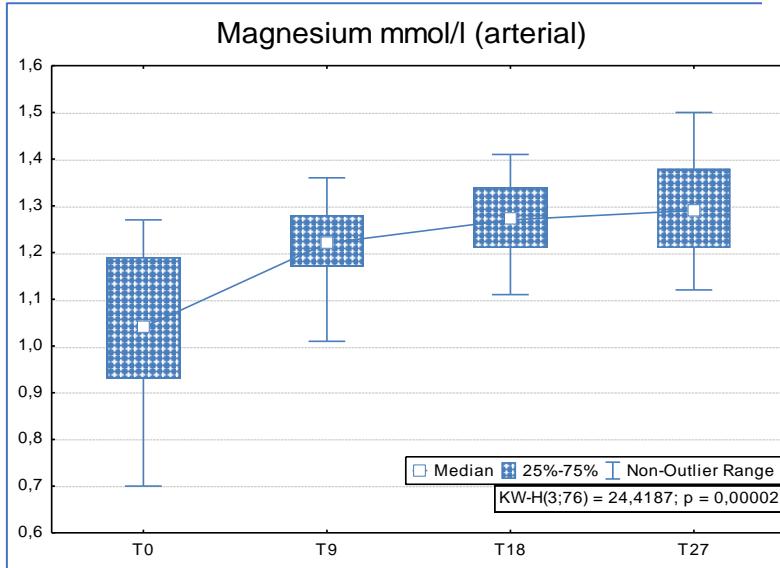
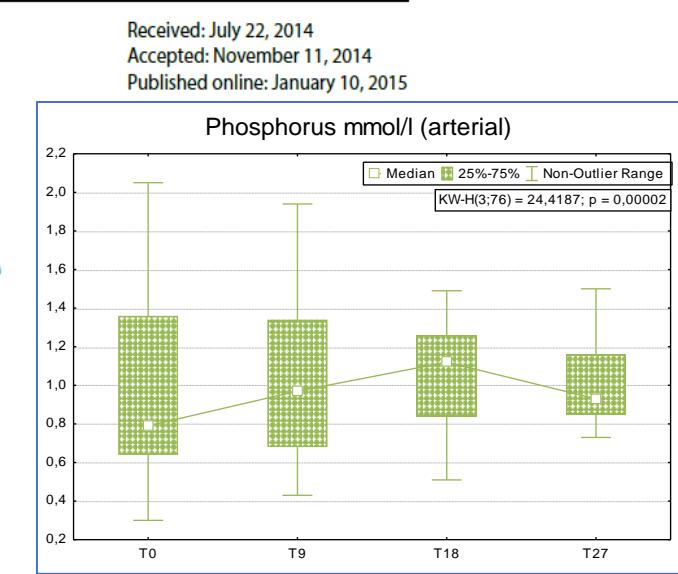
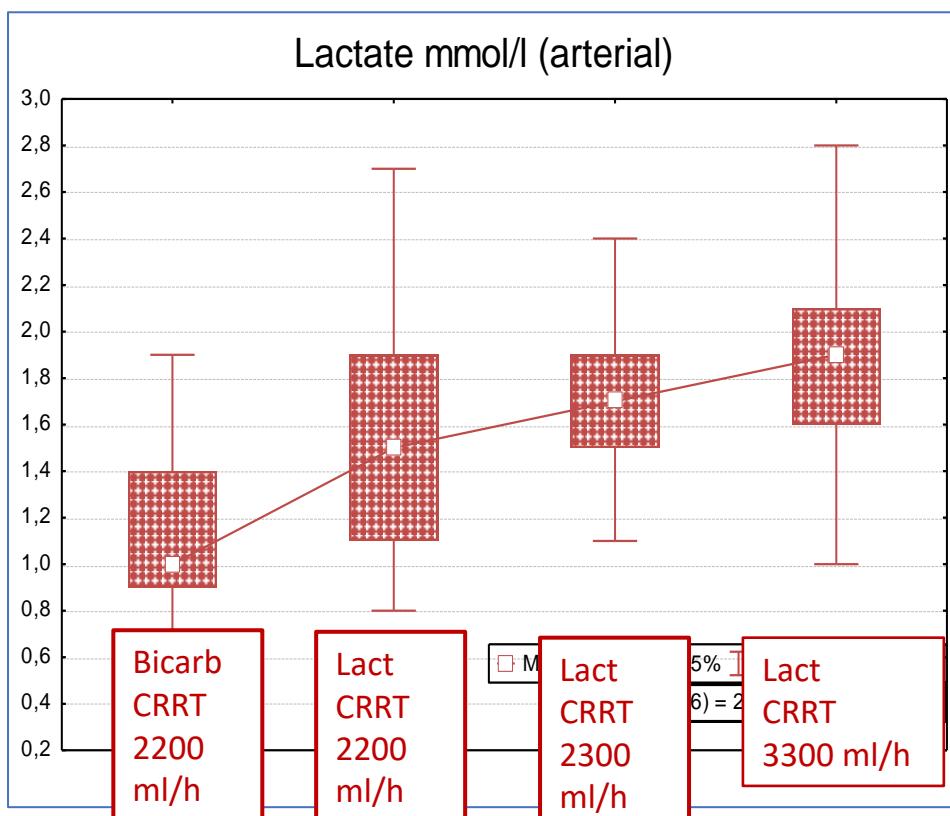
- 57-65% of CRRT costs are dialysis/substitution fluids
- Active pharmaceutical ingredients (API) for fluids should not be entirely imported from China – risk of dependence in case of an international conflict (Taiwan)

Balik M, et al: JCritCare2013, Intensivnews 2020

	TSC/lactocitrat	TSC/bicarb	Hep/bicarb	MW-U test p values		
	Qb 100 ml/min, CRRT 2000 ml/h	Qb 100 ml/min, CRRT 2000 ml/h	Qb 150 ml/min, CRRT 2000ml/h	1 vs 2	1 vs 3	2 vs 3
Estimated costs (EUR/24h)						
Citrate solution (4%TSC)	32.22 (28.43-37.9)	32.22 (28.43-37.9)	N/A	N/A	N/A	N/A
Replacement fluids	95 (95-95)	135.3 (135.3-135.3)	115.5 (115.5-115.5)	<0.01	<0.01	<0.01
Calcium chloride	11.13 (9.54-15.9)	11.13 (9.54-15.9)	N/A	N/A	N/A	N/A
Heparin	N/A	N/A	7.47 (5.81-8.72)	N/A	N/A	N/A
Postfilter Ca ²⁺ (6 per 24h)	13.74	13.74	N/A	N/A	N/A	N/A
Extra APTT (4 per 24h)	N/A	N/A	12.56	N/A	N/A	N/A
Total costs/24h excluding circuits	152 (133-161)	195 (191-224)	136 (131-140)	<0.01	0.10	<0.01
Daily circuit cost ^a	48 (30-75)	48 (30-75)	85 (64-106)	N/A	<0.01	<0.01
Total costs/24h including circuits	200 (186-229)	243 (239-273)	221 (199-248)	<0.01	<0.05	<0.05

Lactocitrate: One day on CRRT+RCA (4%TSC) < cost of CRRT with heparin!

The Effects of a Novel Calcium-Free Lactate Buffered Dialysis and Substitution Fluid for Regional Citrate Anticoagulation – Prospective Feasibility Study



Single chamber bag 5000 ml	
• Na ⁺	130 mmol/l
• K ⁺	2.0 mmol/l
• Mg ⁺⁺	1.5 mmol/l
• P ⁻	1.0 mmol/l
• Cl ⁻	116 mmol/l
• Lactate ⁻	18 mmol/l
• Glucose	5.6 mmol/l
• pH	6.8
• Osmolality	274 mosmol/l



Prague GUH ICU: savings 45.000 EUR/year on CRRT

Thank you for your attention !

Complex Cardiovascular Center
1st. Medical Faculty of Charles University,
General University Hospital

U nemocnice 2; 128 08, Prague 2, EU
T: +420 224 962 243
F: +420 224 962 118
E: martin.balik@vfn.cz
www.karim-vfn.cz



Next ICF Local Sessions

The ICF face-to-face event has been accredited by the European Board for Accreditation of Continuing Education for Health Professionals (EBAC®) with 16 CMEs.



ICF COURSE TARGU MURES
14/15 APRIL

INTENSIVE CARE FUNDAMENTALS
1217 views

ICF – Targu Mures 14/15 April



ICF COURSE WATERFORD
02/03 MAY

INTENSIVE CARE FUNDAMENTALS
1344 views

ICF – Waterford 02/03 May



ICF COURSE PRAGUE
05/06 MAY

INTENSIVE CARE FUNDAMENTALS
1463 views

ICF – Prague 05/06 May



ICF COURSE MERANO
06/07 MAY

INTENSIVE CARE FUNDAMENTALS
132 views

ICF – Merano 06/07 May



ICF COURSE VALLETTA
13/14 MAY

INTENSIVE CARE FUNDAMENTALS
955 views

ICF – Valletta 13/14 May



ICF COURSE LISBON
26/27 MAY

INTENSIVE CARE FUNDAMENTALS
1472 views

ICF – Lisbon 26/27 May



ICF COURSE BUCHAREST
21/22 JUNE

INTENSIVE CARE FUNDAMENTALS
1163 views

ICF – Bucharest 21/22 June



ICF COURSE LONDON
09/10 JULY

INTENSIVE CARE FUNDAMENTALS
1057 views

ICF – London 09/10 July



ICF COURSE GALATI
17/18 OCTOBER

INTENSIVE CARE FUNDAMENTALS
1161 views

ICF – Galati 17/18 October